



Certification, Open Riding, and League Racing FAQs

How do I become track certified?

Step 1 - Sign up for an annual membership \$30 (expires November 1st)

Step 2 - Unless you have a current Cat 1 or 2 license **on the track** (pending adequate skills and etiquette evaluation) you must sign up for **Beginner or Intermediate** instruction classes. The classes will be offered in 8-week or 10-week sessions and drop-in classes. However, drop-in slots are **only** available to those who are certified or currently enrolled in a class and are limited in availability and higher in price. If you are a beginner cyclist (little to no road/mountain biking experience), take the Beginner class. If you have more extensive road or mountain biking experience, take the Intermediate class. The Advanced and Intro to Racing classes are for those who are already certified and want more training in racing strategies and track tactics.

Step 3 - During your series of lessons, your coach will determine when you've demonstrated enough skill to ride safely in Open Riding. This will likely be at least 3-4 weeks, and some riders may be required to take additional instruction beyond the Beginner or Intermediate Instruction. To achieve certification you will need to demonstrate safe entry and exit to the track, proper communication while on the track in different situations, holding the sprinter's lane at full speed and ability to ride safely in a group and pace line. There is no cost for certification.

Do I need to be certified for Open Riding and League Racing?

Yes

Which Open Riding do I sign up for?

Open Riding II - Reserved for MODERATE to FAST riding

Open Riding I - Reserved for SLOW to MODERATE riding

Do I need to sign up for Open Riding?

Yes. Please call us in advance for any and all Open Riding sessions you want to attend, as this ensures that we do not have too many people on the track at one time.



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